

Getting with digital learning

Studying means, among other things, assimilating information, sharpening one's critical consciousness, and acquiring specific practical skills.

There is no one best way to achieve this. To a certain extent, it is a matter of personal preference. For this reason, it's always good to experiment with various learning strategies and methods.

Digital tools can be of great help in your studies. On the other hand, learning in a digitally rich environment entails specific challenges.

Digitalization means more flexibility and autonomy. Unless you are well organized, there is a risk of getting lost. Also, you may feel there is too much information and too many offers. Lastly, the digital devices you use to learn may turn into a source of distraction.

You can respond to these challenges by following these 5 five simple recommendations: [→](#)

started

Be organized.

Start to learn early and assimilate the learning materials in small chunks (as opposed to trying to assimilate the information of an entire semester in just one go). “Binge learning” is rarely efficient, especially from the standpoint of long-term retention.



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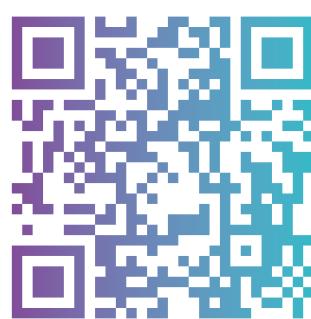
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Find more information on the portal
Digital Skills:
digitalskills.unibas.ch

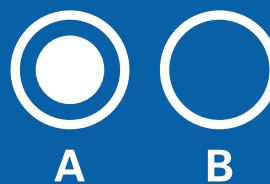
There you'll find, among many other things, a test to evaluate your digital skills as well as links and information resources to expand your knowledge and strengthen your skills.

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Be focused.

Make sure to have moments of deeper concentration – just you and the learning material, with all notifications disabled on your devices. If it helps, don't hesitate to go offline: there's no shame in using pen and paper, even in the digital era.



Be active.

Take notes – not only while reading, but also while watching videos. Re-phrase and structure what you've learned by way of summaries, diagrams, and mind-maps.

Test your knowledge.

In order to receive feedback on your learning, don't neglect tests, quizzes and exercises provided by your teachers; you can also create your own tests by using learning flash cards.

Learn through interaction.

What often helps retaining information is explaining the learning materials to others through discussions during courses and seminars, or in learning groups; similarly, demonstrating something to others is helpful to consolidate skills.